

# FIRTHMOOR PRIMARY SCHOOL



## Personal, Social, Health and Economics (PSHE) Policy

Review frequency	annually
Review date	October 2021

# **Firthmoor Primary School**

## **Policy on PSHE**

### **Policy Context and Rationale**

This policy covers our approach to PSHE. It was produced by Sarah Blagg (PSHE Lead) and Ann Dixon (Headteacher). Consultation with the Governing Body and parents and carers took place through meetings and the school website. Pupils have been involved in the creation of this policy through questionnaires and meeting with the Pupil PSHE Curriculum Team. Following the most recent Healthy Lifestyle Survey the key needs identified were online safety, sugary drink consumption and exercise. The policy will be adapted in response to future feedback.

### **Policy Availability**

The policy is available to parents and carers through the school website. If you require the policy in paper format please contact the school office.

### **Policy Aims and Objectives**

The schools ethos and aim is that PSHE enables children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing, we help to develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through participation in the school council. We teach children about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multi-cultural society.

Our objectives in the teaching of PSHE are for all of our children:

- to know and understand what is meant by a healthy lifestyle;
- to be aware of safety issues;
- to understand what makes for good relationships with others;
- to have respect for others;
- to be thoughtful and responsible members of their community and their school;
- to become active members of our democratic society;
- to develop self-confidence and self-esteem;
- to make informed choices regarding personal and social issues;
- to develop good relationships with other members of the community.

### **Creating a Safe and Supportive Learning Environment**

We will create a safe and supportive learning environment by establishing ground rules for PSHE sessions. We will ensure that where pupils indicate that they may be vulnerable and at risk, they will get appropriate support by the Safeguarding Team. This policy is informed by the school's safeguarding/child protection policy.

## **Entitlement and Equality of Opportunity**

We promote the needs and interests of all pupils irrespective of gender, culture, ability or personal circumstance by providing varied opportunities for all pupils to have a voice in tailoring the PSHE Curriculum e.g. Y5 and Y6 Healthy Lifestyle Survey, School Council, Cybersquad and circle time. We will use PSHE education as a way to address diversity issues and ensure equality and inclusion for all by actively listening to our community of pupils, parents/carers and staff.

Teaching will take into account the age, ability, readiness and cultural backgrounds of children, including children with English as a second language, to ensure that all can fully access PSHE education provision. We recognise the right for all pupils to have access to PSHE education learning that meets their needs.

## **Learning and Teaching**

We use a range of teaching and learning styles to meet the PSHE requirements of the National Curriculum and the Statutory 'Relationships Education, Relationships and Sex Education (RSE) and Health Education.' An overview is available on the school website. We will determine pupils' prior knowledge by using a range of pre-assessments for each theme. The programme will be taught through a range of teaching methods including circle time, discussions, investigations and problem-solving activities. We encourage the children to take part in a range of tasks that promote active citizenship, e.g. charity fundraising, the planning of special school events and involvement in helping other individuals or groups less fortunate than themselves. We will ensure that sessions, including those on risky behaviours, remain positive in tone by organising classes in such a way that pupils are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts. Storybooks are used to link to PSHE lessons. We take part in Anti-Bullying week and Safer Internet Day yearly and other national events such as My Money Week and BNF Health Week. We have a Cybersquad team of Year 6 pupils who assist around the school with online safety support. We offer children the opportunity to hear visiting speakers, such as health workers, whom we invite into the school to talk about their role in creating a positive and supportive local community. Workshops take place with the school nurse around healthy lifestyles and visitors such as Warburtons, The Gypsy Roma Traveller Advisory Group and the NSPCC carry out workshops appropriate to the curriculum and pupil ability. We make links to other areas of the curriculum including Science and Literacy.

## **Key Stages 1 and 2**

Our PSHE education is mapped and planned effectively using The PSHE Association Scheme of Work to ensure we meet the statutory requirements of 'Relationships education, Relationships and Sex Education (RSE) and Health Education.'

Pupils in Years 5 and 6 complete the Darlington Healthy Lifestyle Survey annually. The results of this are actioned with the RESH Coordinator for Darlington. The school then focuses on aspects that have been highlighted with pupils such as the school nurse being available for parents evening to talk about second hand smoke, esafety and the local dentists completing talks with the children about attending dental appointments and brushing their teeth twice a day.

The curriculum explores the following topics:

Autumn-Health and Wellbeing

Spring-Relationships

Summer-Living in the Wider World

## **The Foundation Stage**

We teach PSHE in reception classes as an integral part of our topic work. As the reception class is part of the Foundation Stage of the National Curriculum, we relate the PSHE aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. The Pastoral Support Assistant leads intervention through Dinosaur School. Children in the Foundation Stage are taking part in the Tooth Brushing Programme, brushing their teeth daily in school.

## **The contribution of PSHE to the teaching in other curriculum areas**

PSHE contributes to the teaching of other subjects. We include the use of books to match our PSHE topics in line with our school reading focus. PSHE is linked to writing lessons and maths. It is strongly linked to the Science curriculum. Positive citizenship is promoted through matters such as recycling and homelessness. British Values and the School Game Sporting Values are supported by and linked with PSHE.

Small group and 1:1 Interventions are delivered by the Inclusion Officer as necessary to address more isolated issues that have risen or may arise.

## **Assessment**

We will assess pupils' learning and progression by teachers making informal judgements, as they observe them during lessons, and through formal assessments of the work done, matching it against the specific learning objectives set out in the Scheme of Work. Pre and post assessments are completed for each theme to evidence progression. We have clear expectations of what the pupils will know, understand and be able to do, at the end of each year group.

## **Monitoring and review**

The PSHE programme is led by Sarah Blagg who is PSHE CPD accredited.

The coordination and planning of the PSHE curriculum are the responsibility of the subject leader, who also:

- supports colleagues in their teaching, by keeping informed about current developments in PSHE and by providing a strategic lead and direction for this subject;
- gives the head teacher an annual action plan;
- will monitor and review regularly PSHE throughout the school.

This policy will be reviewed annually.